

# Thornaby Academy Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b> w/c 31.08.20 21.09.20 12.10.20	Savoury Mince with Mashed Potatoes  V Vegetarian Lasagne with Garlic Bread	Pulled Pork Wrap  Chicken Nuggets  V Cheese & Tomato Quiche	Roast Turkey, Yorkshire pudding with Roast Potatoes  V Quorn Burritos	Spaghetti Bolognese & Garlic Bread  V Cheesy Potato and Veg Bake	Fish in Crispy Batter  Salmon or Cod Fish Fingers  V Southern Fried Quorn Burgers  Chipped Potatoes available
<b>DESSERT</b>	Apple Crumble & Custard	Lemon Drizzle Cake	Cornflake Tart & Custard	Banana Cake & Custard	Vanilla Sponge & Custard
<b>WEEK 2</b> w/c 07.09.20 28.09.20 19.10.20	Meatball Pasta Bake & Garlic Bread  V Quorn Korma with Rice	Chicken Pie  Cheeseburger in Toasted Bun  V Meat Free Tacos  Chipped Potatoes available	Roast Chicken, Yorkshire pudding with Roast Potatoes  V Breaded Cheesy Bakes	Meat Lasagne & Garlic Bread  V Quorn Savoury Mince Pie	Fish Bites in Crispy Batter  Sausages in Batter  V Quorn Nuggets  Chipped Potatoes available
<b>DESSERT</b>	Seasonal Fruit Pie & Custard	Lemon Sponge & Custard	Fruit Crumble & Custard	Steamed Jam Pudding & Custard	Mini Cheesecakes
<b>WEEK 3</b> w/c 14.09.20 05.10.20	Chinese Chicken Curry with Rice  V Creamy Tomato & Basil Pasta	Homemade Corned Beef Pie  Sausage ad Mash Casserole  V Quorn & Sweet Pepper Frittata	Roast Pork & Yorkshire pudding Roast Potatoes  V Chunky Veg & Quorn Casserole	Chilli con Carne & Rice  BBQ Chicken Melt with Potato Wedges  V Quorn Masala with Rice	Fish in Crispy Batter  Fish Cakes  V Cheesy Rolls  Chipped Potatoes available
<b>DESSERT</b>	Steamed Syrup Sponge & Custard	Chocolate Brownie & Custard	Cornflake Tart & Custard	Chocolate Cake & Custard	Apple Sponge & Custard

### ALSO AVAILABLE DAILY

Vegetables will be served to compliment the above meals and a minim of two hot snack options also available  
Sandwiches – made fresh & wrapped on site; Boxed Salads – crisp and fresh; Cold pasta pots - meat and vegetarian options  
Home baked cakes, traybakes & cookies, fresh fruit, fresh fruit pots, sugar free jelly and yoghurts. Chilled plain & flavoured waters and milk  
A two course Meal Deal is available every day, please see separate Meal Deal Poster



### FOOD ALLERGIES AND INTOLERANCES

Before choosing your meal, please speak to a member of the catering staff about your requirements  
SPECIAL DIET REQUIREMENTS - Please speak to our Catering Manager regarding your specific dietary needs

