



KS4 Personal Development curriculum statement

At Thornaby Academy, we are committed to the development of the whole child. We aim to equip our students with the skills they need to manage risk and keep themselves safe and happy. We therefore dedicate our daily tutorial programme to the delivery of Personal, Social, Health Education (PSHE) and Relationships, Sex, Health Education (RSHE), with a supplementary drop-down day each term to further develop students' understanding of these issues. We ensure to incorporate British Values, careers and citizenship in the programme, which are highlighted in schemes of learning. To ensure full and consistent coverage of the statutory RSHE curriculum, we use the iAchieve package. We provide an opportunity for KS4 students to work towards a Level 2 vocational qualification in RSHE.

PSHE:

Year 10
Self-esteem and body modification
Managing stress
Anti-social behaviour
Revision skills
Employability skills
Relationships

RSHE:

Year 10	Year 11
Safe relationships	Rights and responsibilities
Respect and equality	Being successful
Community	Sexual and reproductive health
Prevention healthcare	Personal identity
Love, trust and respect	

Positives and negatives of change	
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Respect Day:

Students vote on the topics they wish to cover from the following areas:

Health and well-being	Living in the wider world	Relationships
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External speakers are invited in to address or deliver workshops to deepen understanding.