



KS3 Personal Development Curriculum Statement

At Thornaby Academy, we are committed to the development of the whole child. We aim to equip our students with the skills they need to manage risk and keep themselves safe and happy. We therefore dedicate our daily tutorial programme to the delivery of Personal, Social, Health Education (PSHE) and Relationships, Sex, Health Education (RSHE), with a supplementary drop-down day, known as 'Respect Day', each term to further develop students' understanding of these issues. We ensure to incorporate British Values, careers and citizenship in the programme, which are highlighted in schemes of learning. To ensure full and consistent coverage of the statutory RSHE curriculum, we use the iAchieve package. We also consult our students on the issues that are most pressing to them so that the curriculum is relevant and engaging.

PSHE:

Year 7	Year 8	Year 9
Bullying	Conflict resolution	Aspiration
Puberty	Grief, loss and separation	Health care
Physical activity	Tobacco	Alcohol and drugs
British Values	Dealing with emergency	Gambling and gaming
Online safety	Global Learning Programme	Personal finances
Staying safe	Justice systems	Parliament

RSE:

Year 7	Year 8	Year 9
Influences	Influences and differences	Self-esteem and risk taking
Respect	Respect and equality	Bullying and discrimination
Choices	Choices	Mental health
Health	Managing risk	Substance abuse
Healthy relationships	Influences	Healthy relationships

Changes	Healthy relationships	Dealing with change
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Respect Day:

Students vote on the topics they wish to cover from the following areas:

Health and well-being	Living in the wider world	Relationships
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External speakers are invited in to address or deliver workshops to deepen understanding.

Year 7 also have an 'Enterprise Day' to develop entrepreneurial skills.