



## **Curriculum Statement**

### **Physical Education**

The curriculum will be broad and balanced allowing students to develop the knowledge and skills to be physically active and healthy in later life. Our curriculum aims to promote a love of physical activity and the confidence to participate. In addition, students will be able to evaluate their own health and fitness levels using data effectively and implement effective programs to further enhance their ability levels. The curriculum will also promote the academic side of the subject closely linking practical and theoretical concepts. Students will learn about worldwide sports, training practices and the global issues associated with these. They will be able to make reasoned arguments about important issues such as performance enhancement, gender stereotypes and use of the media to promote sport and confidently articulate their opinions and challenge their peers' opinions using evidence to support their arguments. Students will develop a knowledge and understanding of how to work with students who vary in skill levels and strengths. They will be guided to use leadership qualities when working as part of a team and respond to the strengths and weaknesses of those they are working with, with the intention of students taking these skills in to working life.

Sportsmanship should be visible in all lessons with students abiding by rules being humble in victory and gracious in defeat.

All students have the opportunity to engage in a multitude of extra-curricular physical activities that are delivered by staff and specialist sports coaches. In addition to this, students have the opportunity to apply to be a Sports Leader when in year 9 and complete a Nationally recognised qualification.